

Tasmanian Child and Family Centres



The kitchen – a meeting place for children, parents and workers



What is genuine engagement?

Through the Tasmanian Child and Family Centres we aim to engage parents and community members as:

- Co-planners
- Co-producers
- Co-deliverers
- Co-investigators
- Co-managers
- Co-discoverers and learners



ptunarra
SHEPHERD VALLEY CHILD & FAMILY CENTRE

Advisory Body Working Together Agreement

Keep Children at the Centre of Every Decision

Be respectful, honest, open, empathetic and trusting by:

- Be mindful of others
- Value each opinion and its ok to 'debate' things, to take time to put out our thinking, to brainstorm and to truly understand each other's views and ideas
- Listen, really listen
- Presume good intent
- Encourage each other to speak up
- don't speak over the top of others
- allow time for pauses so everyone has time to view their thoughts
- question each other with wonder so we can understand each other views

I AGREE TO WORK WITHIN THE GUIDELINES OF "WORKING TOGETHER AGREEMENT"

NAME: _____ SIGNED: _____ DATE: _____

FROM: _____

Empowering Parents, Empowering Communities



**Empowering Parents,
Empowering Communities.**
TASMANIA

Sound evidence base

- UK – Randomised Control Trials (Institute of Psychology, Kings College) found:
 - Significant reduction children's behaviour problems
 - Improved competencies in 'hard to reach' parents
 - Higher retention rates than conventional parenting programs
 - Size of the improvement in child behaviour compares favourably with outcomes from trials involving professional therapists
- Tasmania – An externally commissioned evaluation report found:
 - "Parents and parent facilitators have reported increases in social, human, and identity capital, targets have been met in terms of courses run, and communities involved with EPEC are demonstrating increased social capacity around parenting skills"



**Empowering Parents,
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A program that trains, supervises and supports parents to run the "Being a Parent" course in their local communities.



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Maree Eaves – EPEC Parent Facilitator

Paul Prichard – EPEC Coordination Team



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- Centre for Parent and Child Support in South London (UK) in 2008.
- National Sure Start award for innovation and user involvement in 2010.
- Implemented in Tasmania in 2011 at the initiative of the Tasmanian Early Years Foundation in partnership with MCRI and Dept. of Education (TAS).

